

ADVANCED GCE PHYSICAL EDUCATION

EXAMINING BOARD: OCR

Minimum Entry Requirements:

Grade 6-9 GCSE PE or Science (Double award or separate)

MODULES/UNITS COVERED

Component 1:

Physiological Factors Affecting Performance

- Anatomy and Physiology
- Exercise Physiology
- Biomechanics

Component 2:

Psychological Factors Affecting Performance:

- Skill Acquisition
- Sports Psychology

Component 3:

Socio-cultural and Contemporary Issues

- Sport, society and technological influences

Component 4:

Non-Examination Assessment

- Performance or coaching practical
- Performance Analysis task (EAP1)

TYPE OF ASSESSMENT

3 examination papers and two Non-Examination Assessments (NEA)

Component 1: 2 hour examination paper (30%)

Component 2: 1 hour examination paper (20%)

Component 3: 1 hour examination paper (20%)

STUDENT PROFILE

- Students will be at least a school first team/squad performer or club competitor in their chosen assessment sport, with a commitment to improve their performance via training outside of session time.
- Students selecting to coach instead or perform will need to commit to weekly coaching, quite possibly at an external competitive club and will need to produce a detailed log book.
- Students should be competent scientists, particularly in biology (grade C at GCSE or above), who possess a keen interest in the theory behind improving sports performance. They will have the ability to apply theoretical concepts to practical sporting examples.

OTHER SUBJECT COMBINATIONS

Biology
Physics
Psychology

POTENTIAL DEGREE COURSES AND CAREER CHOICES

Sports Science
Physiotherapy
Sports Marketing
Sports Management
Occupational Therapy
Dietitian
PE Teaching
Personal Trainer
Sports Injury Therapist